



JANUARY 2021 ACTIVITIES

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Please Note: The Center will be closed: Friday, January 1 Monday, January 18

Per the Governor's Executive Order, if social distancing of 6-feet cannot be achieved, a face covering is required.

Please note that our facility may not allow this benchmark to be achieved.

Therefore, everyone who enters should have a face covering.

For your safety and the safety of our staff, please refrain from loitering in the center or near our front desk.









Proud Members of:







NEW YEAR, NEW YOU!

GREECE RESIDENTS
ENJOY A FREE
MEMBERSHIP TO THE
COMMUNITY CENTER



INDOOR WALKING TRACK
ACTIVITIES

ACCESS TO:

PROGRAMS FOR KIDS and
ADULTS
SPECIAL EVENTS
FITNESS CLASSES
AND MUCH MORE!

STOP BY OUR FRONT
DESK
TO START YOUR
MEMBERSHIP TODAY!

QUESTIONS? 723-2425 WWW.GREECENY.GOV









Hover over this with your camera to scan!



CONNECT WITH US

Greece Department of Parks & Recreation

3 Vince Tofany Blvd, Greece, N.Y., 14612

Phone: (585) 723-2425 Web: www.greeceny.gov

E-mail: greeceparksandrec@greeceny.gov

Hours of Operation

Monday, Wednesday, Friday: 8:00am-5:00pm

Tuesday & Thursday: 8:00am-7:00pm

Saturday & Sunday: CLOSED

Safety Precautions

- Masks are recommended when social distancing is not possible.
- Space is limited in all activities and classes.
- No loitering will be allowed in the Community Center

Register for Programs

Visit our location or register online: www.greeceny.gov/departments/parksandrecreation and click 'Online Activity Registrations'

Stay Connected!

Follow us on Facebook, Instagram and Twitter for updates and notifications about Greece Parks and Recreation.

Share your pictures, check in and show your Greece pride by using #greeceparksrec.







PARKS & RECREATION TEAM

ADMINISTRATIVE

Peter O'Brien Lisa Letta Christine Saddler Kathy Walker Terri Dickerson Mary Hammaker

RECREATION

Robyn James Addison Steven Danielle Wamser-Gross Gina Edwards Katie Decker Laurie Gately

PARKS

Marc Piccone
Frank Antinetto
Scott Tronolone
Jacob Shufelt
Derek Ryan
Owen Copey
Dan Fuller

HOW TO REGISTER

Registration Info, Refund Policy, Resident Status



WALK-IN REGISTRATION

Visit our friendly team at 3 Vince Tofany Blvd in Greece, NY

- Bring proper photo identification that shows proof of residency
- 2. We will sign you up, take your picture and your key tag will be issued on site. Key tags need to be renewed annually



ONLINE REGISTRATION

- Visit www.bit.ly/greeceonlinereg
- 2. You will need to set up an account
- 3. You may then log on and register 24 hours a day, 7 days a week



PAYMENT

We accept cash

Accepted Credit Cards: Visa, Mastercard and Discover Checks are to be made payable to: TOWN OF GREECE



REGISTRATION INFORMATION

- Pre-registration is required for most programs. Be sure to check out special notes for each program
- Register early! Many classes fill before their start dates
- Classes may be canceled if there is low enrollment
- All registrations are taken on a first come first serve basis. We cannot "hold" a spot in any activity, program or facility reservation without receiving payment



REFUND POLICY

- No refunds, no exceptions
- If a program is canceled by the department, a refund or credit (can be used for future program) will be issued.



Cancellations made more than 30 days from date of event will receive refund less 50% of reservation fee. If cancellation is less than 30 days there are no refunds, no exceptions.



RESIDENT STATUS

A resident is one who lives in Greece and pays Greece town taxes. A Greece, NY P.O. Box or business address will not be taken as proof of residency. A non-resident is someone who lives in another town



CONTACT US

Questions? Call us at 585-723-2425 or email greeceparksandrec@greeceny.gov

MONDAY	TUESDAY	WEDNESDAY	
9:00-9:50am Stretch & Tone 9:30-11:00am Bingo (ACT C) 10:00-11:00am Little Dribblers (Gym) 12:00-2:00pm Community Table Tennis (1/2 Gym) 1:00-1:50pm Gentle Stretch & Strength (Gym) 3:00-3:55 Better Ballerz Session I (Gym) 4:00-4:55 Better Ballerz Session II (Gym)	9:00-9:50am Strength & Conditioning 9:30am-2:30pm Open Sewing (ACT C) 10:00-10:50am Wheels in Motion (Gym) 11:15am-1:00pm Pickleball Session I (Gym) 1:15-3:00pm Pickleball Session II (Gym) 2:30-3:30pm Frozen Hide-N-Seek at the Park (Basil Marella) 3:15-4:45pm Pickleball Session III (Gym) 3:30-4:30pm Bocce 6:00-6:45pm Hatha Yoga	9:00-9:50am Hatha Yoga 9:00am-12:00pm Project Linus 11:30am-12:30pm Open Line Dancing (Gym) 1:00-1:50pm Gentle Stretch & Strength 2:15-3:45pm Sports Junkies (Gym) 4:00-4:45pm Open Shoot Around 7-12yrs (Gym)	
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CLOSED CLOSED	9:00-9:50am Strength & Conditioning 9:30am-2:30pm Open Sewing (ACT C) 10:00-10:50am Wheels in Motion (Gym) 11:15am-1:00pm Pickleball Session I (Gym) 1:15-3:00pm Pickleball Session II (Gym) 3:15-4:45pm Pickleball Session III (Gym) 3:30-4:30pm Bocce 6:00-6:45pm Hatha Yoga	9:00-9:50am Hatha Yoga 11:30am-12:30pm Open Line Dancing (Gym) 1:00-1:50pm Gentle Stretch & Strength 2:15-3:45pm Sports Junkies (Gym) 4:00-4:45pm Open Shoot Around 7-12yrs (Gym)	
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AT A GLANCE

EDIDAY

	THURSDAY	FRIDAY
		CLOSED 1
6	9:00-9:50am Stretch & Tone 9:00-10:30am Arctic Animal Crafts for Kids (Art Room) 9:30-11:00am Bingo (ACT C) 10:00-10:50am Wheels in Motion (Gym) 1:00-3:00pm Adult Open Shoot Around (1/2 Gym) 3:30-5:00pm Open Gaga Ball 3:00-6:30pm Community Table Tennis (Gym) 5:00-6:30pm FNF Social (MPR B & C) 6:00-6:40pm Butts & Guts (Gym)	9:00-9:50am Strength & Conditioning 9:45-10:45am Playground Adventures (Sawyer Park) 10:00-10:50am Wheels in Motion (Gym) 10:00am-12:00pm Kiddie Club Craft (Art Room) 11:30am-12:30pm Open Line Dancing (Gym) 1:00-1:50pm Gentle Stretch & Strength
13	9:00-9:50am Stretch & Tone 9:00-10:30am Arctic Animal Crafts for Kids (Art Room) 9:30-11:00am Bingo (ACT C) 10:00-10:50am Wheels in Motion (Gym) 1:00-3:00pm Adult Open Shoot Around (1/2 Gym) 3:30-5:00pm Open Gaga Ball 3:00-6:30pm Community Table Tennis (Gym) 5:00-6:30pm FNF Social (MPR B & C) 6:00-6:40pm Butts & Guts (Gym)	9:00-9:50am Strength & Conditioning 9:45-10:45am Playground Adventures (Braddock Bay Park) 10:00-10:50am Wheels in Motion (Gym) 10:00am-12:00pm Kiddie Club Craft (Art Room) 11:30am-12:30pm Open Line Dancing (Gym) 1:00-1:50pm Gentle Stretch & Strength
10	9:00-9:50am Stretch & Tone 9:00-10:30am Arctic Animal Crafts for Kids (Art Room) 9:30-11:00am Bingo (ACT C) 10:00-10:50am Wheels in Motion (Gym) 1:00-3:00pm Adult Open Shoot Around (1/2 Gym) 3:00-5:00pm DIY Pick-Up (Front Desk) 3:30-5:00pm Open Gaga Ball 3:00-6:30pm Community Table Tennis (Gym) 5:00-6:30pm FNF Social (MPR B & C) 6:00-6:40pm Butts & Guts (Gym)	9:00-9:50am Strength & Conditioning 10:00-10:50am Wheels in Motion (Gym) 10:00am-12:00pm Kiddie Club Craft (Art Room) 11:30am-12:30pm Open Line Dancing (Gym) 1:00-1:50pm Gentle Stretch & Strength 3:00pm DIY Glow in the Dark Bowling Virtual Demo
a)	9:00-9:50am Stretch & Tone 9:00-10:30am Arctic Animal Crafts for Kids (Art Room) 9:30-11:00am Bingo (ACT C) 10:00-10:50am Wheels in Motion (Gym) 10:00am-12:15pm Ice Skating w/ Elmo Event 1:00-3:00pm Adult Open Shoot Around (1/2 Gym) 3:30-5:00pm Open Gaga Ball 3:00-6:30pm Community Table Tennis (Gym) 5:00-6:30pm FNF Social (MPR B & C) 6:00-6:40pm Butts & Guts (Gym)	9:00-9:50am Strength & Conditioning 9:45-10:45am Playground Adventures (Basil Marella Park) 10:00-10:50am Wheels in Motion (Gym) 10:00am-12:00pm Kiddie Club Craft (Art Room) 11:30am-12:30pm Open Line Dancing (Gym) 1:00-1:50pm Gentle Stretch & Strength

VAUDDINT



TEXT CSCNOTIFY TO 81257

To stay informed on

Class/Activity Cancellations

For program descriptions and more information, please see pages 8-15

TRACK IS OPEN! Reservations are required

45 minute time blocks beginning at 8:00am

Reserve a spot by calling our offices at 723-2425

Please Note:
The Center will be closed:
Friday, January 1
&
Monday, January 18

YOUTH ACTIVITIES

Pre-Registration required for all activities
Limited space available
Online registration can be found at: www.bit.ly/greeceonlinereg

LITTLE DRIBBLERS NEW 🐫 🏂

Come practice your dribbles! This is an open basketball program for little ones to work on running, dribbling, passing and shooting. Parent/guardian supervision required at all times. Not an instructional program. Limited enrollment.

Day	Time	Age	Date
М	10:00-11:00am	4-5	1/4-1/25

This eight week program will focus on improving your basketball skills in all areas of the game. Dribbling, passing, shooting and defense. Our goal is to make everyone "better ballerz" through a variety of skills and drills! Sneakers required. Limited enrollment.

Activity No.	Day	Time	Age	Date	Fee
YSOC018_001	М	3:00-3:55pm	10-13	1/4-3/8	\$20
YSOC018_002	М	4:00-4:55pm	7-9	1/4-3/8	\$20

WHEELS IN MOTION 📞 🏂

This program is designed for children to come together and enjoy riding various big wheels, tricycles and cozy coupes in a safe and fun environment. Parent/Guardian supervision required at all times.

Limited enrollment.

Day	Time	Age	Date
Tu	10:00-10:50am	2-6	1/5-1/26
Thu	10:00-10:50am	2-6	1/7-1/28
F	10:00-10:50am	2-6	1/8-1/29

Calling all sports fanatics...come join in on the fun! This program will include different sports/games such as (but not limited to): soccer, floor hockey, gaga ball, capture the flag, dodge ball, pirate ball and more! All participants must wear sneakers. Instructional program. Limited enrollment.

Activity No.	,		·	Date	Fee
YSOC017_003	W	2:15-3:45pm	6-13	1/6-1/27	\$5 one time fee



OPEN SHOOT AROUND 🚾 🏂

Shoot some hoops in our gym. Must bring your own basketball. No pickup games allowed.

Parent/guardian supervision required at all times.

Not an instructional program. Limited enrollment.

Day	Time	Age	Date
W	4:00-4:45pm	7-12	1/6-1/27

ARCTIC ANIMAL CRAFTS FOR KIDS NEW

Kids will make some cute animals that live in cold areas. There will be polar bears, penguins, walruses and more! Parent/guardian supervision required at all times. Not an instructional program. Limited enrollment.

Day	Time	Age	Date
Thu	9:00-10:30am	3 & Up	1/7-1/28

OPEN GAGA BALL 🚾 🏂

Bring your family or friends and enjoy playing some gaga ball at the Community Center!
Sneakers required. Parent/guardian supervision required at all times. Not an instructional program.
Limited enrollment.

Day	Time	Age	Date
Thu	3:30-5:00pm	7-13	1/7-1/28

KIDDIE CLUB CRAFT 🙄 🏂

This program is designed for your child to use their imagination and create a simple craft project in a fun environment. All supplies provided. Parent/guardian supervision required at all times. Limited enrollment.

Days	Time	Age	Date
F	10:00am-12:00pm	2 & Up	1/8-1/29

TRAVEL OUR TRAILS



EXPERIENCE THEM ALL THIS WINTER.

Hover your camera over the QR Codes for directions.

BADGEROW TRAILS

Connecting Badgerow South Park to Veterans Park, this natural trail system is great for this of all ages.

BISIG TRAILS

A 4.1 mile loop, great for family hikes, cross-country skiing or snow-shoeing.

RACHOW TRAILS

1 mile trail with open meadows to the south and mixed upland habitat to the north. A great place to hike and bird watch.







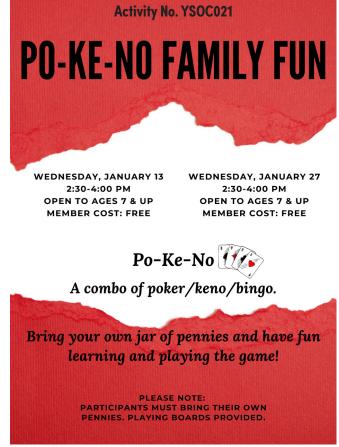
Check out many more trails here:



FEATURED: RACHOW TRAIL







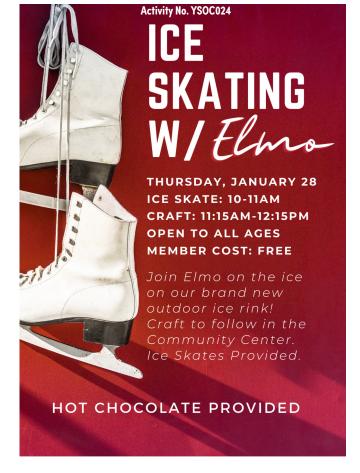


IF A PROGRAM IS CANCELED BY THE DEPARTMENT, A REFUND OR CREDIT (CAN BE USED FOR FUTURE PROGRAM) WILL BE ISSUED.



Basil Marella Park! A bag-to-go craft will be provided along with hot chocolate!

Please Note: Participants must bring their own sled.
We will meet at 1:30pm under the pavilion at:
Basil Marella Park
975 English Rd.







FITNESS ACTIVITIES

Each class costs 1 activity credit. Credits can be purchased at the front desk. Participants must reserve a space for each class. This can be done by signing up at the class or calling ahead at 723-2425.

STRETCH & TONE 📞 🏂

The Stretch & Tone class will be a class that uses weights and weight bars to increase strength for the entire body while taking extra time to stretch and increase the flexibility and range of motion of the participant. We will use floor mats to work the core. Benefits: Tighten/Tone Muscles, Muscular Strength, Condition

Activity No.	Days	Time	Age	Date	Fee
AFIT013	М	9:00-9:50am	18+	1/4-1/25	1 Credit
AFIT013	Thu	9:00-9:50am	18+	1/7-1/28	1 Credit

GENTLE STRETCH & STRENGTH 📞 🏂

This class provides gentle exercises to help increase flexibility, range of motion and strength. The goal of this class is to reduce pain and stiffness, restore and maintain joint range of motion, increase muscle strength, and improve balance and coordination. Benefits: Moderate to Severe Arthritic Joints, Increase Range of Motion

Activity No.	Day	Time	Age	Date	Fee
SFIT001	M/W/F	1:00-1:50pm	18+	1/4-1/29	1 Credit

STRENGTH & CONDITIONING 💆 🏂

This class includes a warm-up, stretching and various styles of weight training. Training types include: low weight, high reps for stamina and high weight, low reps for strength, along with resistance

Benefits: To Increase Muscle Strength & Conditioning

Activity No.	Day	Time	Age	Date	Fee
AFIT009	Tu/Fri	9:00-9:50am	18+	1/5-1/29	1 Credit

HATHA YOGA <本外

This class incorporates a full body workout that includes a warmup, a total body stretch, yoga postures, and a cool-down. The focus of this class will be on core strength and stability. Benefits: Tight/Tense Muscles, Increases Range of Motion

Activity No.	Day	Time	Age	Date	Fee
AFIT006	Tu	6:00-6:45pm	18+	1/5-1/26	1 Credit
AFIT006	W	9:00-9:50am	18+	1/6-1/27	1 Credit

*Availability may be limited if done the day of. Advanced registration can be done up to 1-week in advance.

. Call-In Registration Accepted *Availability may be limited if done the day of.

Advanced registration can be done up to 1-week in advance.

BUTTS & GUTS NEW C:



Train and tighten all the regions of the lower body and core with this toning class. This workout will focus on the abs, glutes, legs and lower back using light weights and body resistance. Please bring your own mat.

Benefits: Tighten/Tone, Muscular Strength, Core

Activity N	o. Days	Time	Age	Date	Fee
AFIT016	Thu	6:00-6:40pm	18+	1/7-1/28	1 Credit





RESERVATIONS ARE REQUIRED

45 minute time blocks beginning at 8:00am Call our offices at 723-2425 to reserve a spot

COMMUNITY ACTIVITIES

Participants must call 723-2425 to reserve a space, up to one week in advance for all activities.

COMMUNITY TABLE TENNIS 🛂 🏂

All levels of play are welcome. Limited enrollment.

Day	Time	Age	Date
М	12:00-2:00pm	N/A	1/4-1/25
Thu	3:00-6:30pm	N/A	1/7-1/28

COMMUNITY PICKLEBALL *** **

All skill levels welcomed. No instruction provided. Please Note: Participants can only sign up for one session per week. Pre-registration required. Limited enrollment.

Day	Time	Age	Dates
Tu	11:15am-1:00pm	N/A	1/5-1/26
Tu	1:15-3:00pm	N/A	1/5-1/26
Tu	3:15-4:45pm	N/A	1/5-1/26

BOCCE PROGRAM 🙄 🏃

A fun hour of the great game of Bocce. Pre-registration required. Limited enrollment.

Day	Time	Age	Dates
Tu	3:30-4:30pm	8 & Up	1/5-1/26



ADAPTIVE

Friends & Fun Social

Thursdays, January 7-March 11 5:00-6:30 PM Ages 14 & Up Member Cost: \$45 per person

Activity No. FNFS001_12

The Friends and Fun Program is for youth and adults with special needs, 14 years of age and older. This program is designed to provide participants with an opportunity to be independent, experience recreational and cultural activities while increasing social skills, building self-esteem and becoming more independent through the use of fun group activities.



ADULTS 55+

Participants must call 723-2425 to reserve a space, up to one week in advance for all activities.

Walk-In Registrations Accepted *Availability may be limited if done the day of. Advanced registration can be done up to 1-week in advance.

Call-In Registration Accepted *Availability may be limited if done the day of. Advanced registration can be done up to 1-week in advance.

BINGO C. A. Limited enrollment.

Day	Time	Age	Date
М	9:30-11:00am	55+	1/4-1/25
Thu	9:30 -11:00am	55+	1/7-1/28

OPEN SEWING < ** 方

If you enjoy the craft of knitting and sewing, then this group is for you. Bring your own supplies and create something new amongst friends. Limited enrollment.

Day	Time	Age	Dates
Tu	9:30am-2:30pm	55+	1/5, 1/19

PROJECT LINUS : *
Combine your sewing skills with your desire to help others by helping make lap quilts and afghans that are donated to:

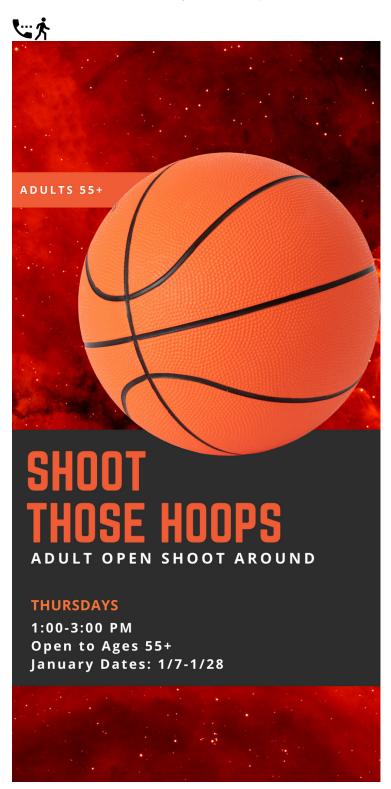
- Children's Hospitals
- **Dialysis Units**
- **Cancer Units**
- **Veterans Facilities**

Limited to 12 participants.

Activity No.	Day	Time	Age	Date
AFAC004	W	9:00am-12:00pm	18+	1/6

Limited enrollment.

Day	Time	Age	Date
W	11:30am-12:30pm	55+	1/6-1/27
F	11:30am-12:30pm	55+	1/8-1/29



ADULTS 55+

Participants must call 723-2425 to reserve a space, up to one week in advance for all activities.

FREE MOVIE for seniors



Friday, January 15 **Rated PG** 12:30-2:30PM

Featuring: On Golden Pond

Cantankerous retiree Norman Thayer (Henry Fonda) and his conciliatory wife, Ethel (Katharine Hepburn), spend summers at their New England vacation home on the shores of idyllic Golden Pond. This year, their adult daughter, Chelsea (Jane Fonda), visits with her new fiancee and his teenage son, Billy (Doug McKeon) on their way to Europe. After leaving Billy behind to bond with Norman, Chelsea returns, attempting to repair the long-strained relationship with her aging father before it's too late.

Pre-registration required. Call 723-2425 to reserve a spot. Limited Enrollment.





GRAB AND GO MEALS FOR SENIORS 📞

Each day, prepackaged meals are available for seniors 60+.

Lunch is a suggested contribution of \$3.50 for any persons 60+ or the spouse of someone 60+. For anyone under the age of 60, the meal cost is \$7.50 which will be collected during pickup.

Participants must call 723-2425 to reserve a meal.

Friday, January 1: CLOSED, NO LUNCH

Monday, January 4: Sloppy Joe Tuesday, January 5: Sandwich

Wednesday, January 6: Chicken Breast

Thursday, January 7: Sandwich

Friday, January 8: Chicken Italian Sausage

Monday, January 11: Swedish Meatballs

Tuesday, January 12: Sandwich

Wednesday, January 13: Chicken Fingers

Thursday, January 14: Sandwich

Friday, January 15: Chili

Monday, January 18: CLOSED, NO LUNCH

Tuesday, January 19: Sandwich Wednesday, January 20: Fish Thursday, January 21: Sandwich Friday, January 22: Riblet

Monday, January 25: Grilled Chicken

Tuesday, January 26: Sandwich

Wednesday, January 27: Chicken Fajitas

Thursday, January 28: Sandwich

Friday, January 29: Burger

COMING IN FEBRUARY!

CRAFT WITH A GREECE POLICE OFFICER



Activity No. YSOC027

Friday, February 5
Location: Adeline Park
Adeline Lodge (124 Armstrong Rd)
11:00-11:45 AM
Open to Ages 5 & Up
Member Cost: Free

Friday, February 26
Location: Braddock Bay Park
Lodge 1 (199 E. Manitou Rd)
11:00-11:45 AM
Open to Ages 5 & Up
Member Cost: Free

PRE-REGISTRATION REQUIRED. LIMITED ENROLLMENT.

MAKE A CRAFT. MAKE A FRIEND.